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The Newsletter of the South Central Region

Fall 2018

Fall Into Fabulous Fun!

We hope you are planning to join us in Quapaw, Okla., for the first South Central Region Fall Meeting. We'll be gathering as individual districts on Friday night, then spend Saturday together as a region enjoying some great breakout sessions and keynote speakers by some amazing women.

This event is different from our usual Soroptimist meetings in that the planning committee has designed this to appeal to ladies outside our organization (can you say recruitment opportunity??). Please invite other women you know who would enjoy the speakers and the time with great Soroptimist ladies.

Your planners have also built in some great "me time" on Friday, with options including the hotel's amazing Nee Spa or casino, swimming or the hot tub, golf, shopping in Joplin or more options. Why not plan to come on Thursday night with your club friends and spend the better part of Friday just relaxing and recreating? This is a great opportunity for that as well.

Be sure to read all of the attached Call for all the little details and then turn your registration in today! The deadline is just under a month away for hotel reservations, with a special Soroptimist rate for Thursday night.

See you in Quapaw!



Dates & Deadlines

1st SCR Fall Meeting

October 5 – 7, 2018
Downstream Casino Resort
Quapaw, Oklahoma

Registration Deadline:

Sept. 26, 2018

Hotel Reservation Deadline:

Sept. 23, 2018

Meeting Highlights

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The keynote speakers and breakout sessions are sure to be informative and interesting for all in attendance. Here's a little about what to expect:

Kathy McAfee is known as America's Marketing Motivator and is a networking skills trainer. She will be giving a keynote titled "Mobilizing Your Network for the Greater Good" and will be signing her new book, *Networking Ahead*. Kathy's workshop will teach us the value of networking – what it is – and what it isn't. She will show how networking will be of value in our personal life, our business life, and definitely in our Soroptimist life. She will share how networking can be a great recruitment tool for gaining new members in our clubs and increase our own personal worth in our business and personal lives.

Melanie Simpson is the pain management team coordinator for the University of Kansas Health System and a regular speaker on medical issues.

Melanie's workshop will give insight on how opioids affects each of our lives daily – "What's in Your Medicine Cabinet . . . and who is looking in it?" Likewise, she will address another little-known crisis in all our lives – the Tylenol crisis. Tylenol is one of the most widely used drugs on the market, and yet, has many underlying side effects that few of us realize.

Kim Beer is owner of "Be More Business" and is a regular presenter of marketing success seminars for businesses and nonprofits. Kim's workshop will help us develop our personal brand as well as our brand for our individual clubs and for our region. She will enlighten us on the positives and negatives in creating our brand and sharing it with others; in doing so, she will help us use this brand to recruit and retain new members to our clubs and enrich our personal image.

What's New?

This year's fall meeting will feature an old favorite, the trade fair. Each club has the opportunity to sell items as a fundraiser and a form to register your participation is in the Call. Note the deadline of Sept. 26.

Saturday night will feature a huge Bunco tournament with all attendees encouraged to participate and meet other Soroptimists during the friendly competition.

On Sunday morning, the inspiration will feature an opportunity to inspire another Soroptimist by sharing a book that has inspired you with someone you think would appreciate it or whom you appreciate.



Take advantage of the new things offered at the Fall Meeting and plan to join us!

Do you want to include information in future newsletters? Email Teresa at teresa.young@wbu.edu to submit for consideration.

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